

THE EMPOWERMENT CENTER

SEPTEMBER 2024

OFFERINGS

We are located at 9925 Main St. Monte Rio Ca.

Our hours are Monday through Thursday 11am to 4pm

Monday ;

11:00am Check In

11:30am Help Yourself

1:00pm Cards for Humanity

1:30pm It's Natural

2:00pm Open Art Studio

Wednesday;

11:00am Check In

11:30am Help Yourself

1:00pm Virtual Walking

2:00pm Open Art Studio

Tuesday;

11am Check In

11:30am Help Yourself

12:30pm Express Yourself

1:30pm It's Natural

2:00pm Open Art Studio

Thursday;

11:am Check In

11:30am Help Yourself

12:30pm Lets Color

2:00pm Open Art Studio

